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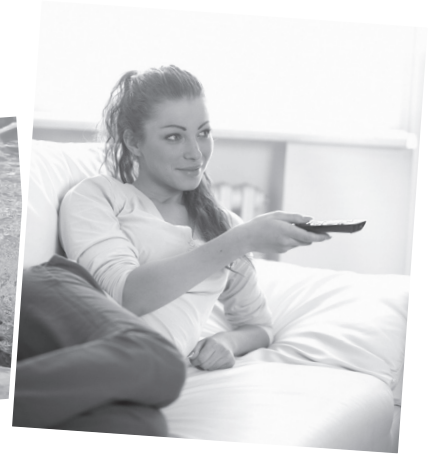
What Should I Do?

A. Write three words or phrases to go with the verbs. Follow the example.

1. eat junk food / healthy food / vegetables
2. join _____
3. do _____
4. drink _____
5. go _____
6. watch _____
7. study _____
8. wear _____

Answers will vary.

B. Choose the best advice.



1. I'm very good at swimming.
 - a. You should join the swim team.
 - b. You should watch sports programs on television all day.
2. I need to lose weight.
 - a. You should eat candies and chocolates.
 - b. You should join a gym.
3. I feel very hot.
 - a. You should sit in the sun.
 - b. You should take your jacket off.
4. I think I broke my arm.
 - a. You should call an ambulance.
 - b. You should move it.
5. I'm bad at computers.
 - a. You should work harder!
 - b. You should miss classes.
6. I'm thirsty.
 - a. You should drink water.
 - b. You should eat some french fries.
7. My graduation party is tonight.
 - a. You should go to the movies with your friends.
 - b. You should buy some nice clothes.
8. I always arrive late for work.
 - a. You should catch an earlier bus.
 - b. You should stay in bed for another hour.

C. Complete the set of rules for the museum. Use *should* or *shouldn't* and a verb in the box.

take enjoy run be touch listen pay bring

1. You should pay for your ticket.
2. You should be quiet inside the museum.
3. You shouldn't bring food or drinks into the museum.
4. You shouldn't take photographs.
5. You shouldn't touch the exhibits.
6. You shouldn't run in the hallways.
7. You should listen to the guide.
8. You should enjoy your visit.



D. Read and match.

- | | |
|---|--|
| <ol style="list-style-type: none"> 1. <u>g</u> It's Norman's birthday today. 2. <u>e</u> Karen can draw very well. 3. <u>f</u> Our team is the best! 4. <u>h</u> Marie is a wonderful cook. 5. <u>i</u> Tim hates sharks! 6. <u>b</u> Paul is an excellent singer. 7. <u>c</u> Ian is always late for school. 8. <u>a</u> Judith is sick today. 9. <u>j</u> Lucy is gaining a lot of weight. 10. <u>d</u> That car is very expensive! | <ol style="list-style-type: none"> a. She shouldn't go to school. b. He should join the chorus. c. He should get an earlier bus. d. She shouldn't buy it. e. She should be an artist. f. We should go to all the games. g. We should get him a card. h. She should make the food for the party. i. He shouldn't go scuba diving. j. She shouldn't eat junk food. |
|---|--|

E. Write responses. Use *should* or *shouldn't*. *Answers will vary.*

1. Your room is very dirty! _____
2. Victoria is bored. _____
3. Henry doesn't have any money. _____
4. Eric failed all his exams. _____
5. Andy and Carol lost their passports. _____

F. Ask and answer the questions using the prompts.

1. Santiago / study before the exam
Should Santiago study before the exam? Yes, he should.
2. drivers / break the speed limit
Should drivers break the speed limit? No, they shouldn't.
3. children / watch TV all day
Should children watch TV all day? No, they shouldn't.
4. people / eat fruit and vegetables
Should people eat fruit and vegetables? Yes, they should.
5. teachers / help their students
Should teachers help their students? Yes, they should.
6. Sally / drink so many sodas
Should Sally drink so many sodas? No, she shouldn't.

G. Give advice to these people. Use *should* and *shouldn't*. *Answers will vary.*



It's my boyfriend's birthday tomorrow. I don't have a lot of money. What should I buy him? How much should I spend?

1. _____
 _____.



There's a formal party at my school tonight. What should I wear?

4. _____
 _____.



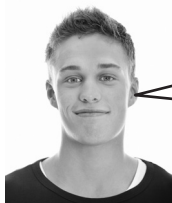
I am going to go on a skiing trip tomorrow. What should I pack?

2. _____
 _____.



It's cold in the mornings in the park. It's very hot at noon. It's full of tourists in the afternoon. When should I go jogging?

5. _____
 _____.



I love driving, but my father never lends me his car. He thinks I'm very young. What should I do?

3. _____
 _____.



I have an appointment downtown at nine, but the trains are not running today. How should I get there?

6. _____
 _____.



H. Read the article and answer the questions.

Teens have a lot of stress in their lives. They have schoolwork. They have sports and other after-school activities. And of course, they have homework. They also want to be in touch with friends through social media. They want to have a successful social life. So they have a lot of pressure and little time for themselves.

Here are some tips from teens on how to handle stress.

- You should relax, go into your room, and listen to music. Just shut out the world.
- You should invite your friends over. Do fun things like watch movies and eat food you like.
- You should go out for a walk. Enjoy the world of nature and take your mind off your worries.
- You should talk over your problems with parents or your friends. Sometimes just talking makes you feel better.
- You should do yoga, especially the breathing exercises. It's a great way to relax.

1. Why do teens have a lot of stress in their lives?
Because they have schoolwork, sports, after-school activities and homework.
2. Which of the pieces of advice do you already sometimes follow?
Answers will vary.
3. Which piece of advice do you think is the best?
Answers will vary.
4. Which piece of advice do you think doesn't work?
Answers will vary.
5. Do you have a piece of advice to add?
Answers will vary.

I. Writing Corner

Reply to the letters. *Answers will vary.*

1. Dear Jan,

My friends and I took some books from a classroom without permission. A teacher saw us and reported us to the principal. I feel very bad. I'm sure the principal is going to call our parents, and I don't want to hurt them. What should I do?

2. Dear Jan,

I am an only child. I don't have any friends. I am nice, but people don't talk to me. I never go to parties and have no hobbies. What should I do? Can you help me? I feel very lonely and sad.